



# LET'S HAVE FUN WITH THE STARS AND SUN

Educational activities with a significant emotional impact

Having fun is the most attractive and important activity for the personal growth of young people. Therefore we have devised a series of activities which produce enjoyment but at the same time deeply stimulate the young person's emotions. We have come up with the idea of two days in a tent in one of the most beautiful woods in the province of Pesaro and Urbino, "Il Bosco di Tecchie". The campsite will be set up in the fields in front of the recently renovated building of Ca di Tecchie which is in the heart of the wood bearing the same name.

## **Educational Objectives**

- Stimulate participants to share their experiences.
- Encourage self-awareness.
- Stimulate the ability to play together.
- Develop awareness of personal feelings.
- Make participants respectful of the natural world.

## **Target Group**

This programme is aimed at students of primary and junior schools

Duration of stay

2 days – 1 night

## **Period**

From April to June

**Educational sites:** Bosco di Tecchie – Protected area of the Province of Pesaro and Urbino

### **Accommodation**

In the area in front of Ca Tecchie there are tents for three. In the building there is a kitchen, dining room and bathroom facilities.

### **Clothing and other equipment:**

Each participant should have a rucksack, sleeping bag, tracksuit for sleeping in at night, a change of clothes, torch, K-way and flask.

Walking boots are necessary.

Details of the proposed package:

Day one:

We go to the wood to arouse our curiosity. Arrive at Pian di Balbano.

Ice-breaking activities: Socialisation and group bonding activities – a series of activities which will help participants get to know the place they will be spending the next few days in.

We start walking towards the building we are going to be staying in – Ca'Tecchie

Relaxation activities: Guided imagination – Relaxation techniques we will try out and learn.

### **Sensorial activities:**

Touch, smell, looking and laughing – Educational activity made up of games in which participants will “feel” the wood with all their senses especially those less used such as hearing, touching and smelling. The games will be followed by a brief discussion.

### **Packed lunch**

**Educational activities:**

I describe my leaf and other things – educational activity concerning leaves, bark and branches.

We reach Cà Tecchie and each group, with the help of the guide, starts putting up their tents.

Dinner

**Educational activities:** Night sounds – Nocturnal walk with our ears open to sounds

**Day two:** Let's get to know the wood better:

After breakfast we start to explore the wood and do the following activities:

Research: How many different kinds of trees are there in this forest? This activity is carried out with tools of logic and science which allow us to find out about plant specimens

After lunch we pack our cases and go back to Pian di Balbano where the coach will be waiting but first there will be:

**An educational activity:** what is the ecosystem – roleplay game.

We say our goodbyes.

